

Dear Doctor

I'm in a major
 . How do I tell
 o I get out of it?

eature sponsored as a public service by
 ealth Foundation. Questions sent to the
 ill be answered by our team of doctors,
 and visiting specialists. Today's ques-
 ologist Dr. Pamela McEvoy.

year-old woman having recurring bouts
 ngs of uselessness and an attitude of
 ure. I think these may be mood swings
 changes, but I'm also afraid I may be

gle from time to time with feelings of
 r pleasure, low self-worth, pessimism,
 d fatigue. In fact, it is likely that all of
 epressed at least once in our lifetime,

depression, on the other hand, is
 y the severity of negative feelings and
 of time they last, usually a period of
 s or more. Untreated, these feelings
 o such excessive behavior as dramatic
 n or loss, substance abuse, oversleep-
 somnia, hallucinations or delusions,
 of suicide or attempts at suicide.

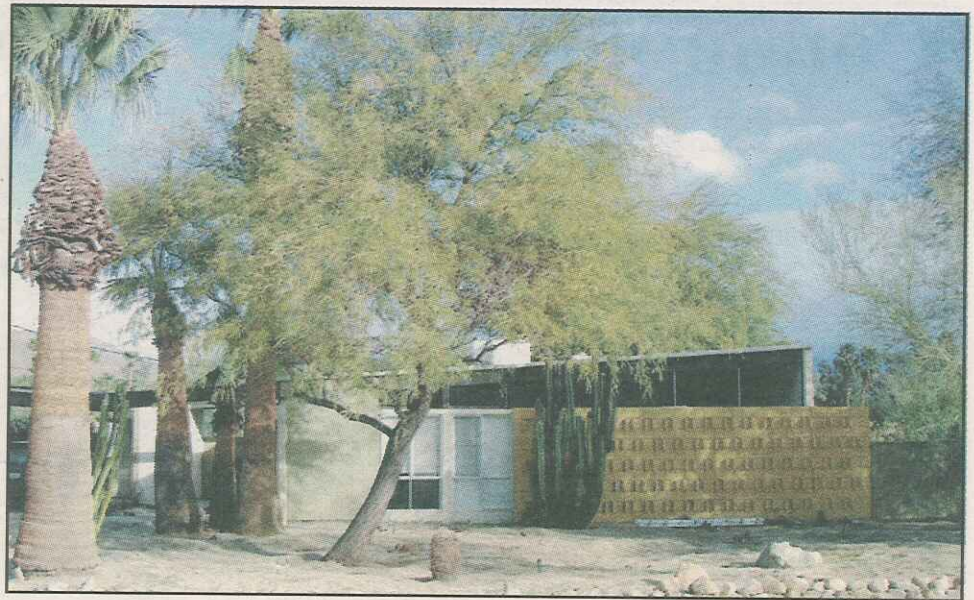
sion is a serious and often life-threat-
 ly affects approximately 14 million
 s now the leading cause of disability
 xpected to become the second-lead-
 ving heart disease, by the year 2020.
 cal depression can be both chemical
 rego Medical Center recommends a
 es medical and psychological evalua-

a check-up to determine whether your
 menopausal or physiological changes,
 epressed. If your temperament is being
 ges in your body chemistry, our wom-
 ecommend hormonal therapy to return
 sition.

reatable disorder that is usually best
 n of medication and therapy. Early
 s the chances of recurrence.

Medical Center

Yaqui Pass Road



Courtesy photo

MID-CENTURY Modern home on Wranglers Drive, recently restored by its new owners, garnered a preservation award from the Save Our Heritage Organisation on May 30.

Mid-century Modern home earns preservation award from SOHO

- Butterfly roof.
- Post and beam.
- Clerestory windows.

For fans of mid-century Modern architecture these are terms that can pepper a conversation. For those who haven't the foggiest idea about the 50-year-old homes that people apparently go "ga-ga" over, the appeal is lost.

Two couples who bought a home on Wranglers Drive in Borrego Springs last year and who won an award on May 30 for their efforts to restore it to its original 1959 mid-century Modern condition are hoping that a bridge can be gapped between those that know Modern and those who don't.

"I hope the attention will get people to see that you don't need to change what is already inherently cool in Borrego," said Todd Pitman.

Pitman and his wife, Carmen

Pauli, along with her sister Judith Pauli and Judith's husband, Andrew Hinkley, were recognized with the "Desert Cool" award for "People in the Trenches" at the 29th annual People in Preservation Awards put on by the Save Our Heritage Organisation. They took the stage with others who have put an effort into restoring and protecting architecture throughout the county.

The couples bought their vacation home on Wranglers Drive about a year ago for \$190,000. They have spent about \$90,000 fixing up the place, including putting in a pool that reflects the tenants of mid-century Modernism architecture. Generally referring to a simple style of homes built around 1950 and incorporating elements such as glass and straight lines, desert Modernism is commonly

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MIDDLE school student Mario Arias moves the ball down the field as referee Alberto Fuentes and high schooler Miguel Manzano watch during fourth annual soccer fundraiser. The high school boys defeated the middle schoolers 7-4 and the high school girls defeated middle school girls in a close 3-2 match, both on May 30. The games netted \$438 for athletics in Borrego Springs Unified School District.

SUN photo by MARIS BRANCHEAU

Correction

A May 29 article on the Borrego Water District meeting of May 14 contained two errors concerning the reports of Operations Manager Jerry Rolwing. He notes that he indicated there are currently 18 holes in use at Montesorro, and that he used 100 inches per year as the evaporation rates for the lakes on the course. The Sun regrets the errors.

AWARD: Krisel design from 1959 restored in 'Desert Cool' project

Continued from Page 16

associated with Palm Springs.

But, some of the Palm Springs designs spilled over into Borrego Springs. Architect William Krisel, known for desert tract homes from the mid-century, including the Racquet Club Road Estates in Palm Springs, designed eight homes here just south of de Anza Country Club. Other homes in town, while not officially Krisel, mimic the style.

Some have been torn down, others are no longer recognizable as Krisel designs, and still others, such as the one Pitman and his family have restored, attract mid-century aficionados.

Built by Hal Martinez, the home contains all of its original kitchen appliances and bathroom features. This was a plus for Pitman, who appreciates the aesthetics of the mid-century. His wife, Carmen, is a preservation architect who helps restore homes of all eras to their original state.

The owners plan to seek an official historical designation for the property, which results in lower property taxes. Judith Pauli and Andrew Hinkley both work in the design field and are restoring a mid-century

home in Altadena.

During the Borrego restoration effort, which included tearing down the garage to expose the original carport, Pitman contacted Krisel to inquire about original paint colors. Now 83 and still working, Krisel recently signed a contract with a Palm Springs development firm. Four new homes have been built in that community based on mid-century Modern standards with updated codes and creature comforts.

Pitman said Krisel was surprised to hear that one of his Borrego homes was being restored. The architect recalled the valley and flying to the "middle of nowhere" to oversee parts of the project.

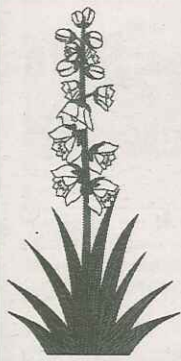
"The ceiling beams were always brown. We used yellow on the masonry wall in front and on the stacked-block fireplace," Pitman said.

The restored home is frequently rented by those on vacation, as was the case on the weekend that the home was honored by SOHO.

Curtis Drake, a SOHO board member who voted on the preservation awards, said that currently many mid-century homes are "coming of age" and they aren't always "preservation targets."

"They did a great job of working with the original fabric," Drake said. "It's great to give the whole Borrego area a highlight and to let people know these houses are out there."

SOHO has hosted two previous tours of mid-century Modern architecture in Borrego Springs. Pitman is working with SOHO to organize a third. The event is tentatively planned for next April. And, yes, the Wranglers Drive award winner will be on the tour. —Maris Brancheau



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